

Minutes of the Governor's Council on Physical Fitness Committee on Health and Nutrition

The meeting of the Committee on Health and Nutrition was held on January 8, 2010 via conference call commencing at 11:00 am.

Call to Order:

The meeting was called to order at 11:05 am and the Chair noted there were 4 members in attendance.

Attendance:

<u>Name of Member</u>	<u>Attendance</u>
Dr. Judith "Judy" Schaechter (Co-chair)	Present
Sheila Sheridan (Co-chair)	Present
Jonathan Vredenburg	Present
Amy Young	Present
<u>Staff</u>	
Kimberly Berfield	Present
Jenna Lockwood	Present

Order of Business:

- Berfield summarized the discussion from previous council meeting regarding school visits and the proper protocol.
- Vredenburg asked whether there was a deadline for completion of the school visiting report form. Berfield explained that it would best to have the visit completed prior to the April 28, 2010 Council meeting.
- The members discussed prioritizing the nutrition recommendations according to level of importance.
- Schaechter asked what needed to be done to effectively provide nutrition education in child-care centers. It was suggested that legislation would likely be necessary to best accomplish this goal.
- Berfield said that the Department of Health has oversight over some child-care centers.
- Legislation was necessary if the centers were to be held to a higher standard and said she would provide a breakdown of the childcare centers licensed by the Department of Children and Families and the child-care centers licensed by Department of Health. It was also suggested that the Council consider involving the Agency for Workforce Innovation (Pre-K).
- The Council would need to agree how best to move the childcare center nutrition issue further. It is likely that legislation would be necessary to raise the current standard.
- Berfield also provided an update of the council's current legislative interests.

- Sheridan described a nutrition calculator she found online. The members discussed whether the calculator was helpful and whether Florida should provide a similar nutrition calculator online.
- A member inquired whether a financial cost analysis could be done on some of the council's health initiatives, including the idea to increase standards on childcare facilities. Berfield explained that the Department of Health was looking into hiring a health economist pursuant to the tobacco-free constitutional amendment. The members discussed whether the council could utilize any of the services provided by the health economist, if one were hired.
- The Committee discussed possibilities to obtain grants for doing a financial cost analysis on raising standards for childcare facilities.
- Members of the Committee wanted to find out whether other state legislatures had adopted food standards, higher than the USDA, for either school cafeteria or childcare centers.
- The Committee discussed the possibility of seeking a study on the financial impact of raising food standards, beyond the current USDA standards, for either school cafeteria or child-care centers.

Next Meeting Date & Time:

To be announced.

Meeting Adjournment:

Meeting adjourned

Submitted by:

Submitted by Jenna Lockwood, Florida Department of Health Staff