

**Governor’s Council on Physical Fitness
Minutes for the Governor’s Fitness Challenge Subcommittee**

The meeting of the Governor’s Fitness Challenge Subcommittee Committee was held on the 7th day of January, 2010 via conference call, commencing at 1:00 pm.

Call to Order:

The meeting was called to order at 1:00 pm and there were 4 members present.

Attendance:

<u>Name of Member</u>	<u>Attendance</u>
Dave Andreychuk (Co-chair)	Present
Amy Young (Co-chair)	Present
William “Bill” Montford	Present
Jonathan Vredenburg	Present
<u>Others</u>	
Kimberly Berfield	Present
Jenna Lockwood	Present
Nichole Wilder	Present

Order of Business:

- The members discussed various methods for conducting school visits, including coordinating visits which would include multiple council members for convenience. The members were reminded that according to Florida’s Sunshine law any two members meeting requires three weeks notice.
- The members discussed the state plan of action recommendations, including the requirement for following “best practices” standards.
- Berfield and Lockwood mentioned the potential change another committee is looking at recommending language to include physical fitness education.
- The members discussed the council and the possibility of conducting research to evaluate schools fitness.
- The members discussed possible methods for determining whether local school districts had the ability to handle after-school physical fitness needs.
- The members concurred that legislation could not be drafted until the council’s recommendations were complete.
- The Fitness Day at the Capitol is scheduled for April 28, 2010. The members discussed how to best plan for the event, including the involvement of Titus and how to incorporate children’s participation in the event.
- Andreychuk inquired about seeking sponsorship from a non-profit.

- Wilder suggested that the council try to get legislators and participating children to wear pedometers for the day. Andreychuk stated that homeschoolers should also be involved.
- It was suggested that a resolution to recognize the Governor's Fitness Challenge should be explored.
- The members present chose to select the committee's recommendations via email. Lockwood would send the email requesting the members of the committee to choose their top two recommendations. The deadline was set for January 14, 2010 for members to provide recommendations.

Next Meeting Date and Location:

Details to follow

Meeting Adjournment:

Meeting adjourned by the Chair

Submitted by:

Jenna Lockwood, Florida Department of Health Staff