

Governor's Council on Physical Fitness

Thursday, November 15th, 2007
Keiser University Broward Branch
1500 NW 49th St. 5th Floor Auditorium
Ft. Lauderdale, FL 33309

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| 8:00 – 8:10 | Call to order and Announcements |
| 8:10 – 8:20 | Fitness from the Start
<i>Sam Hollander, ConceptOne</i>
<i>Joseph Signorile, Fitness from the Start</i> |
| 8:20 – 8:30 | Chillin' Cardio Café
<i>Susan Schwarz, Educator</i> |
| 8:30 – 10:00 | Council Review and Discussion of Draft Recommendations |
| 10:00 – 10:10 | Break |
| 10:10 – 11:30 | Council Review and Discussion of Draft Recommendations |
| 11:30 – 12:00 | Public Comment |
| 12:00 – 12:30 | Boxed Lunch |
| 12:30 – 1:30 | Continued Discussion about Draft Recommendations |
| 1:30 – 2:00 | Marketing Plan & Next Steps Discussion |
| 2:00 | Adjourn |

****Those wishing to provide Public Comment are asked to sign-up before 10:30am****