

**Governor's Council on Physical Fitness
Committee on Active Lifestyles**

The meeting of the Active Lifestyles Subcommittee was held on the 7th day of January, 2010 via conference call, commencing at 10:00 am.

Called to Order:

The Chairwoman called the meeting to order at 10:00 am and noted that there were 3 members present.

Attendance:

| <u>Name of Member</u> | <u>Attendance</u> |
|------------------------|-------------------|
| Mary Rumberger (Chair) | Present |
| Dave Andreychuk | Present |
| Dr. Ana Viamonte Ros | Present |
| <u>Staff</u> | |
| Kimberly Berfield | Present |
| Jenna Lockwood | Present |

Order of Business:

- Lockwood explained the school visiting report form that was attached to the email with the meeting agenda. The proper protocol was discussed for completing pre and post school visit forms.
- None of the parties to the call had conducted any school visits since the last meeting.
- Andreychuk discussed the best method for conducting the school visits and decided to contact the schools directly.
- Rumberger suggested that the Council should take note of comments that were made during the last meeting regarding choosing a couple of recommendations and focusing on them.
- Andreychuk concurred that the Council should re-examine its goals for 2010.
- The members present chose to select the committee's recommendations via email. Lockwood would send the email requesting the members of the committee to choose their top two recommendations. The deadline was set for January 14, 2010 for members to provide recommendations.
- The members discussed the upcoming Fitness Day at the Capitol for April 28, 2010.

Next Meeting Date and Time:

To be announced

Meeting Adjournment:

Meeting adjourned by Mary Rumberger

Submitted by:

Submitted by Jenna Lockwood, Florida Department of Health Staff