

**Governor's Council on Physical Fitness
Active Lifestyles Committee Meeting
Meeting Two
September 24, 2007
9:00 am – 11:00 am**

<u>Subcommittee Members Present</u>	<u>Subcommittee Members Absent</u>	<u>Invited Guests Present</u>
Monty Castevens Thom Epsky Mary Rumburger, Co Chair Don Rapp	Jennifer Capriati Dot Richardson, Co Chair	None

Ms. Mary Rumburger called the meeting to order at 9:15 am.

1. Overview of State Implementation Plan and Subcommittee Roles in Drafting the Plan

Jennie Hefelfinger gave an overview of the state implementation plan and the subcommittee role in drafting the plan.

- The executive order clearly outlines the tasks that must be addressed. You may add and reshape the tasks according to the subcommittee needs.
- Technical assistance individuals will be available at answer questions and to help think through policy changes and implementation.
- Additional resources for next subcommittee meetings can be provided by staff at DOH. (i.e. speakers regarding greenways and trails, built environment, and smart growth)

A new member of the Council has been announced. Dave Andreychuk from the Tampa Bay Lightning may be joining the Active Lifestyles subcommittee.

Dot Richardson (via Jennie Hefelfinger) expressed her regret for not being at previous meeting and will not be present at Jacksonville meeting. She will hopefully be in attendance at Oct/Nov meeting.

Q: How will we assign tasks for those that are absent? (Mary Rumberger)

A: Specific assignments for those who are absent can be communicated via email through DOH staff.

- Jennie has spoken to Dot Richardson and she will be happy to accept tasks via email.
- Jennifer Capriati has been more difficult to get a hold of. Specific tasks should not be assigned to her.

Monty Castevens will be out of the county until October 15, 2007. He apologizes for not attending the meeting in Tampa.

Q: As an advocate for the disabled community, I would like to see issues of the disabled (qualified sports training and recreation areas, transportation issues, continued issues of access,

etc.) addressed by the Council and incorporated into tasks of the subcommittees. (Monty Castevens)

A: Task A can address/focus on individuals with disabilities and can be added to additional tasks.

- The Physical Activity Really Counts! (PARKs) program at DOH has been designed promote access to physical activity for the disabled population.
- Jennie also recommended providing suggestions to Education and Health and Nutrition subcommittees during the full Council meeting in Orlando.

Q: Can we have speakers address the subcommittee? It will be helpful on some tasks if we have assistance from technical assistance experts. It was very helpful at the inaugural meeting. (Thom Epsky)

A: We have invited Dan Burden from Glatting Jackson to speak at upcoming Council meetings. He is an expert on roadways, bikes, and trails. We will try and find a speaker from an architecture point of view from October meeting.

- Thom, if you have a reference, please forward to Katie or Jennie and Jennie will pass along to the Governor's office. Speakers, if not able to be accommodated on main agenda, they may be able to speak to the subcommittee.
- Ali Jaglowski may have a recommendation for someone from an architecture point of view.
- Don Rapp suggested that new urbanism (city and transportation planners) must come along in order to promote active lifestyles.

2. Deliberation on Assigned Executive Order Tasks

Mary Rumberger requested that the subcommittee proceed with reviewing the tasks in the EO and assigning tasks.

Q: Has everyone had a chance to review the tasks and the resource disk that was providing at the last meeting? (Mary Rumberger)

A: If you have not, please do so before the next meeting. Policy briefs for smart growth and the built environment is very comprehensive as well as the issue brief from the National Governor's Association (NGA). I think we should be aware of these as we address the tasks.

Q: If you have had an opportunity to review the tasks, does anyone have a specific interest? (Mary Rumberger)

A: Don Rapp would like to address task four. Thom has no preference at this time, please assign any task. Mary will address task one. Dot was assigned task three.

Q: Monty, what task is in line with what your focus is? (Mary Rumberger)

A: I would hope whatever the task; the disabled population is planned for.

Mary Rumberger as if there is any resources that the subcommittee needs at this time?

Katie was instructed to pull together resources related to what state agencies are doing to promote physical activity.

Mary Rumberger has done some initial research. She asked that all subcommittee members look at the following:

- America on the Move,
- America on the Move in Florida,
- America Heart Association

Interesting websites:

- www.well.com
- www.searchinstitute.org
- www.hciflorida.org

Thom and Monty will forward requests at a later date.

3. Date for Next Subcommittee Call

Mary Rumberger requested that since she and Don will be the only subcommittee members available at the next meeting an additional subcommittee meeting be determined.

It was decided that October 18th at 9:00 am with an alternate date of October 19th at 9:00 am will be proposed to the subcommittee. Katie will send an email as a reminder. Mary asked that Katie forward the notes to the subcommittee at the same time.

Q: Could provide a review of literature to other states? Please include in implementation plan. That will ensure that it gets done. We can post on the Healthy Floridians website. (Don Rapp)

Please bring resources and materials to next subcommittee meeting.

Subcommittee meeting was concluded at 10:16 am