

**Governor's Council on Physical Fitness  
Active Lifestyles Subcommittee  
Meeting Six  
October 22, 2007  
2:00 pm – 4:30 pm**

<u>Subcommittee Members Present</u>	<u>Subcommittee Members Absent</u>	<u>Invited Guests Present</u>
Mary Rumberger, Co Chair Don Rapp Thom Epsky Monty Castevens Josh Butler Dave Andreychuk	Jennifer Capriati Dot Richardson, Co Chair	None

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**1. Approval of Minutes**

Mary Rumberger called the meeting to order at 2:00 pm.

Mary Rumberger requested that a motion was made to approve the minutes from October 18, 2007. Minutes were approved by the subcommittee members.

**2. Continued Deliberations on the State Plan of Action Template**

*\*\*Discussion related to Tasks P and S\*\**

Don Rapp has developed a list of community groups, constituents, etc that he will share with the group tomorrow.

*Recommendation:* Don Rapp suggested that a summit be convened with the Governor and key stakeholders to speak to Floridians.

**Q:** What would another Summit look like?

**Q:** How do you get everyone involved? People may not pay attention to this type of information.

**A:** Mobilization at the community level.

**Q:** Are there major sponsors for Obesity Prevention efforts?

*Recommendation:* Suggest legislation to allow sponsorships from private companies to fund obesity prevention efforts at the state level.

- Donations/sponsorships/Friends of Florida
  - Could the state be administrator of money for granting to local communities that promote the expansion and integration of existing trails?

Monty Castevens encouraged the group to focus on the task. Why re event the wheel?

Thom Epsky noted that the subcommittee was getting bogged down in the details. Our recommendations will not be realistic. We need to determine what is out there and how we can combat it. Two pronged approach is necessary. Highlight the consequences of obesity and what programs are available.

*Recommendation:* Don Rapp suggested increased communication between state agencies

*Recommendation:* Monty Castevens recommended a web portal that housed evidence based physical activity efforts.

- The Healthy Floridians website should have a link on [www.myflorida.com](http://www.myflorida.com).
- Can we link our programs (Special Olympics) to that website?
- How can non profits / other organizations link to the website?
- How do we market the successes of organizations that are doing these things?
  - Call for success stories on [www.healthyfloridians.com](http://www.healthyfloridians.com) website

The subcommittee noted that there was no cohesion around physical activity programs. There are many different types of groups trying to do the same thing.

*\*\*Discussion related to Tasks Q and R\*\**

*Recommendation:* Thom Epsky recommended a joint review among state agencies to look at fast tracking or credits/benefits to applicants when submitting comp plan revisions for those plans that promote healthy lifestyles.

- And other agencies (DOH, DOE) to work together.

*Recommendation:* Require Department of Transportation provide benefits or fast tracking new for road projects and/or expansion of existing road projects for those that build sidewalks, bike lanes, etc

*Recommendation:* Enforce existing policies set forth by the Department of Transportation and the Department of Community Affairs regarding retrofitting projects, bike lanes, sidewalks, and accessibility issues for those people with disabilities.

Use Orlando as model (downtown connectivity, bike lanes, sidewalks, green spaces, etc) and work to promote throughout the state.

**Q:** What are the benefits?

**A:** Mandating state agencies to work together and develop incentives to application; fee credits, impact fees, etc.

*Recommendation:* Policy statement that encourages joint land use (example: Lake Nona YMCA/School)

- Encourage school districts, city, county, park and recreation departments to work towards these community partnerships.

*Recommendation:* Tort reform to open schools and universities for free or at a cost reimbursement basis to use physical activity facilities after hours or when not in use.

Investigate liability issues to defer barriers. Offer suggestions immediately to barriers.

**Q:** What state dollars are available that are not being used? Are restrictions being imposed because people are not notified about available money? (Example: Safe Routes to School money that goes untapped each year.)

**A:** When money is appropriated how it is spent depends on federal requirements. We could survey various departments to determine how much each is spending on obesity prevention. (Provided by Karen Murphy)

Meeting was adjourned by Mary Rumberger at approximately 4:15 pm.