

**Governor's Council on Physical Fitness  
Active Lifestyles Subcommittee  
Meeting One  
August 24, 2007  
12:30 pm – 12:45 pm**

<u>Subcommittee Members Present</u>	<u>Subcommittee Members Absent</u>	<u>Invited Guests Present</u>
Mary Rumburger, Co Chair Tom Epsky Don Rapp	Dot Richardson, Co Chair Jennifer Capriati Monty Castevens	None

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Ms. Mary Rumburger called the meeting to order at 12:30 pm.

### **1. Proposed Schedule of Subcommittee Conference Call**

Subcommittee members proposed two dates for a potential conference call. The dates are: Sunday, September 23 at 9:00 am or Monday, September 24 at 9:00 am. DOH contact (Katie Rainka) was asked to propose dates via email to all subcommittee members and find a general consensus.

### **2. Request for Additional Information or Suggested Speakers**

Subcommittee members identified a need for best practices and zoning laws pertaining to planning and design of healthy communities.

### **3. Active Lifestyles Subcommittee Template**

The Active Lifestyles Subcommittee Template was created to delineate tasks identified in Executive Order 07-52. This template can be used to prioritize and organize the workload. Committee members will look at tasks identified in the executive order to organize workload. Committee members would like to wait to assign tasks until all subcommittee members are present.

Subcommittee members encouraged those who were not present at today's meeting to review the template and associated tasks.

Some general discussion points were raised about the tasks identified in the executive order.

- Expand public awareness of and access to greenways, trails, beaches, etc. Look at public awareness efforts that market these resources.
- A list of stakeholders needs to be developed. Essentially 18 million people need to be brought in as "delegates." How can this be done?
- Are there any other tasks that might be brought to the table? In addition to these? Instead of these?

### **3. Communication between Subcommittee Members**

Discussion ensued about communication with subcommittee members. Government in the Sunshine law prohibits communication between Council members regarding Council business outside of an open meeting. Subcommittee discussion can only take place during noticed meetings. Email can only be used as one-way communication. Please use reply, rather than reply all when responding to specific requests over email.

Mary Rumberger adjourned the call at 12:45 pm

Prepared by: Katie Rainka, Florida Department of Health  
Approved by: Mary Rumberger, Co Chair, Active Lifestyles Committee