

**Governor's Council on Physical Fitness  
Education Subcommittee Meeting  
Friday, August 24, 2007**

Committee Members Present

Bill Montford, Co-chair  
Nancy Hogshead-Makar, Co-chair  
Karen Dowd  
Robert Keiser  
Kez McCorvey  
Julie Ryczek

Council Members Absent

Shannon Miller

Others Present

Rachel Duerr

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Nancy Hogshead-Makar called the meeting to order at 12:30 PM.

**1. Division and Deliberation of Tasks**

Nancy Hogshead-Makar reviewed the tasks and assigned responsible parties.

*Task 1 – Review plan for providing daily physical education to K-5 graders statewide and evaluate implementation. **Responsible Party: Julie Ryczek***

*Task 2 – Investigate option of providing daily physical education and activity to 6-12 graders by 2012. Investigate impact of this addition on school day, graduation requirements and ADA compliance. **Responsible Party: Nancy Hogshead-Makar***

*Task 3 – Review Sunshine State Standards for focus on healthy lifestyle. **Responsible Party: Julie Ryczek***

*Task 4 – Review barriers to providing daily physical education as it relates to school facilities (land use, equipment, etc.) **Responsible Party: Kez McCorvey***

*Task 5 – Identify the link between academic achievement and student participation in physical education. **Responsible Party: Robert Keiser***

Karen Dowd has research on this. Nancy Hogshead-Makar stressed that health is the foundation.

*Task 6 – Investigate the opportunity for establishing student fitness and wellness centers on school campuses for use by physical education classes and after-school and evening programs for families. **Responsible Party: Kez McCorvey***

Bill Montford discussed that municipalities may be shutting down and if we don't address funding nothing will happen. It is unfair to turn to school districts and ask them to fund it. We need to raise awareness and have a plan for funding. Schools have relied on profits from vending machines for years. Karen Dowd discussed that new data shows healthy vending machines are still making money. Bill Montford discussed that every school is making efforts for healthy options. Why should public schools have to rely on funding from vending machines to run?

*Task 7 – Review how Colleges of Education prepare physical education teachers to ensure training for teaching 21<sup>st</sup> century fitness. **Responsible Party: Karen Dowd***  
Julie Ryczek questioned whether this was for Florida or on a national level. Karen Dowd suggested looking at best practices nationwide. Kez McCorvery asked what is 21<sup>st</sup> century fitness. Nancy Hogshead-Makar discussed integrating health. Karen Dowd discussed that stand alone programs or integrated, very few schools are preparing PE teachers. Bill Montford recognized that five of these tasks will require substantial funding, how will they be funded?

*Task 8 – Review training currently offered for recruiting and retaining certified physical education teachers. **Responsible Party: Karen Dowd***  
Bill Montford recognized that training for even the teachers we already have will be millions of dollars. Karen Dowd discussed using resources from the National Association for Sport and Physical Education and the American Alliance for Health, PE, Recreation, and Dance.

*Task 9 – Investigate the school districts’ ability to maintain a physical fitness advisory panel to make recommendations for student fitness testing. **Responsible Party: Bill Montford***

**General deliberations about tasks:**

Bill Montford discussed that there is nothing in here we can’t sign off on. School requirements are so strict they cannot fit everything in a school day. Weatherford’s reasons for flexibility in the PE bill were hours in the day and not enough certified teachers. One legislator suggested 30 minutes after school but problems with that include bus routes for getting children home. Julie Ryczek and Bill Montford discussed that Hillsborough is paying teachers more but they have tacked on an additional 15 minutes on the school day.

**2. Proposed schedule of subcommittee conference call.**

Nancy Hogshead-Makar reviewed the Governor’s Council on Physical Fitness Education Sub-Committee Planning Worksheet. Dates and times that council members were available for a conference call were discussed. Two possible dates and times were Tuesday, September 18 from 1pm-2pm or Thursday, September 20 from 1pm -2pm.

Nancy Hogshead-Makar adjourned the meeting at 12:45 PM.

Submitted By: Rachel Duerr

Approved By: Bill Montford and Nancy Hogshead-Makar